**Parents’ resources – education in human love and sexuality**

(Recursos en español y ingles)

**Curricula:** (all Theology of the Body based)

**--Ascension Press – Theology of the Body for Teens (HS – now “YOU” + MS editions)** <https://www.youtube.com/watch?v=xaEiQEGGXfE>

*DVD sets and materials for older children and teens – geared towards youth groups, or parents.Some materials are free* <http://thetheologyofthebody.com/book-resources/study-information/1852/tob-teens-training-videos-leadership-series.html>. English, **a little Spanish**

**--Purely you** <https://purelyyou.org/about>

 *A new resource from Minnesota – focus is on children at or near early stages of puberty. Helpful parent’s guide is available (whether or not you buy the other materials).* English, **some Spanish**.

**--Family Honor** <https://familyhonor.org/birds-and-bees/>

 *Aimed at children at or near early stages of puberty. Many (free) helpful resources here* <https://familyhonor.org/birds-and-bees/>, *here* <https://familyhonor.org/store/> *and* <https://familyhonor.org/programs/leading-loving/> English, **some Spanish**

**Websites – *Teologia del Cuerpo***

* [www.amaralmaximo.org](http://www.amaralmaximo.org/)
* [www.portumatrimonio.org](http://www.portumatrimonio.org/)
* [www.gruposolido.org](http://www.gruposolido.org/)
* <http://ofwcmedia.com/5-espanol>
* <https://teenstar.org/> (Materials available in Spanish – contact Deacon Santiago Molina deaconsanti@gmail.com )

**Video clips**

Theology of the body

<https://www.youtube.com/channel/UC918xgjZKHpoEEOn4teyeXQ> There are many good resources – here is just one that deals with many topics around life, love and sexuality

Transgender

[https](file:///C%3A%5CUsers%5Cehopf%5CDesktop%5Chttps)[://vimeo.com/256410102](https://vimeo.com/256410102) An MD speaks about ‘transgender surgery’

[www.sexchangeregret.](http://www.sexchangeregret.)[com](http://www.sexchangeregret.com/) A former transsexual person talks about ‘reversal’

<https://catholicwomensforum.org/the-gender-project>[/](https://catholicwomensforum.org/the-gender-project/) Many resources on the topic

<https://goo.gl/>[oXca8P](https://goo.gl/oXca8P) Concerns about children/transgender issues

<https://www.parentsofrogdkids.com/> Parents of kids with ROGD

<https://www.youtube.com/watch?v=B4eLFQTVTw4> Jason Evert

<https://www.youtube.com/watch?v=ggKOEvpKE5k> Pope Francis

Same-sex issues

 <https://www.youtube.com/watch?v=SdVT9e_eZ8c> Hudson’s story

<https://everlastinghills.org/movie/> 3 people talk about why they left gay lifestyle

<https://www.youtube.com/watch?v=6rgDLWOFCRA> Documentary on Catholic teaching

<https://www.youtube.com/watch?v=bLrRfwpvERU&t=14s> Jason Evert

<https://www.youtube.com/watch?v=8agvZZad2B8> Bishop Barron

<https://www.youtube.com/watch?v=CYJ9BOcOxy8&t=3s> Bishop Barron on gay marriage

**Books for children**

**\*\*Good pictures / bad pictures** - Jensen and Poyner  *an ‘older’ and a ‘younger’ version (“A simple plan”) are both available – protecting children from pornography*  English **and Spanish**

\*\*<https://protectyoungeyes.com/internet-safety-digital-citizenship-books-we-recommend/> (English **and Spanish** recommendations to protect against pornography)

\*\***Wonderfully made babies** – Giangiordano *why and how God makes babies* (for 9 and up) <https://www.amazon.com/Wonderfully-Made-Babies-Catholic-Perspective/dp/1491078189>

**Books for parents**

**\*\*La Buena Nueva Sobre Sexo y Matrimonio** Christopher West (*parejas)*

**\*\*Padres Fuertes, Hijas Felices** Meeker *(niños, adolescentes)*

**\*\*Madres Fuertes, Hijos Fuertes** Meeker *(niños, adolescentes)*

\*\***Nuestro Poder de Amar** Ruth Taylor, MD (*fertilidad para adolescentes)*

\*\***La Maravilla de Mi** Ruth Taylor, MD (*fertilidad para adolescentes)*

**\*\*Made for Love** (*dealing with today’s moral issues, including transgender)* Fr Mike Schmitz

**\*\*Made this way** (*dealing with today’s moral issues, including transgender) –* Horn and Miller

**Other**

Resources for same-sex attraction \*\* <https://couragerc.org/>

Resources for dealing with pornography:

\*\* <https://cleanheart.online/> many many good resources – have to register (free)

\*\*<https://www.protectyoungminds.org/> \*\*<https://www.joinfortify.com/> (older kids, adults)

\*\*<https://uploads.weconnect.com/mce/74da6152f5b23ae319b48bec60aff34ee65862cc/YouthMinistry/Equipped-Catholic-2017%201.pdf> (Smart Catholic Parenting - free download)

**Theology of the body - made ‘understandable’**

\*<https://www.ruahwoodspress.com/training/tob20-learn-teach-theology-body/>

\*Men and Women are from Eden Healy

\*The Body reveals God Zeno

\*Theology of His Body/Theology of Her Body (teens, young adults) Evert